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Case 8003

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## STEROL ESTER COMPOSITIONS

## **ABSTRACT**

Sterol ester compositions having fatty acid moieties comprising greater than 50% monounsaturated fatty acids (MUFAs), preferably from about 55% to about 80% MUFAs, and more preferably from about 60% to about 75% MUFAs. Preferably, the fatty acid moieties comprise less than about 6% saturated fatty acids (SFAs), more preferably from about 0.1% to about 4% SFAs, and most preferably from about 0.5% to about 2% SFAs. The fatty acid moieties of the sterol ester compositions comprise 50% or less polyunsaturated fatty acids (PUFAs). Also disclosed are methods for preparing the sterol ester compositions and the products comprising them.